

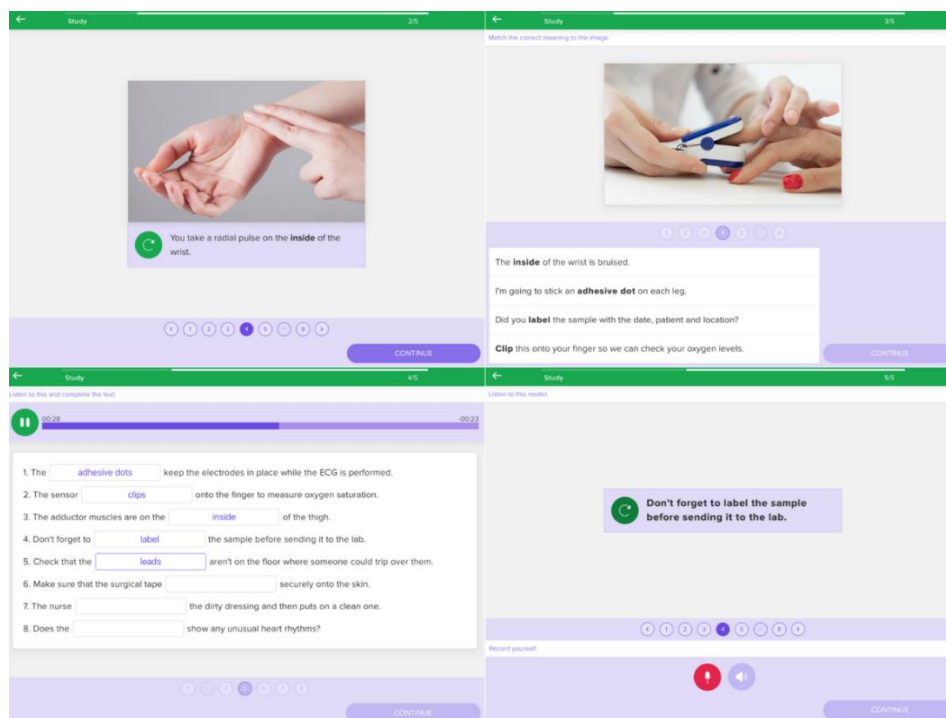
Improve My English for Nursing

At A Glance

- **Level:** CEFR B1 | IELTS 4 – 5
- **Number of Lessons:** 30 digital lessons (Focus on listening & speaking)
- **Lesson Duration:** Approx. 45 mins
- **Key Content:** - A topic-based syllabus which equips nurses and related healthcare professionals with the key vocabulary required to operate effectively in everyday healthcare contexts.
- **Demo Lesson:** “[Investigating Chest Pain](#)” (Screenshots below taken from tablet version).

Improve My English for Nursing is aimed at learners who need to improve their English ability to work as a nurse. It is particularly suitable for trainee or practicing nurses who are studying to be licenced in an English-speaking country, or who interact with English-speaking patients or colleagues. It could also be suitable for people working in other health-related roles.

Those who are willing to study 2-3 hours a week will see a significant improvement in their ability to communicate in typical nursing scenarios.



Each lesson prepares learners to understand and communicate confidently in a typical nursing situation with patients, doctors, and other nurses.

Improve My English for Nursing has a strong emphasis on building the knowledge and use of nursing-specific vocabulary. Learners can improve their oral skills through regular practice aimed at developing international intelligibility. Exposure to a wide variety of English accents (both native and non-native) helps users develop confidence when dealing with patients and colleagues from around the world, and record and playback activities provide valuable practice with appropriate language and responses in a variety of common scenarios.

Each lesson is structured around the following sections:

Section 1: Study (5 stages)

- Introduction for lesson/section.
- Language presentation.
- Language practice activities to cover meaning, form, pronunciation (3 activities in each lesson).

Section 2: Practice (4 stages)

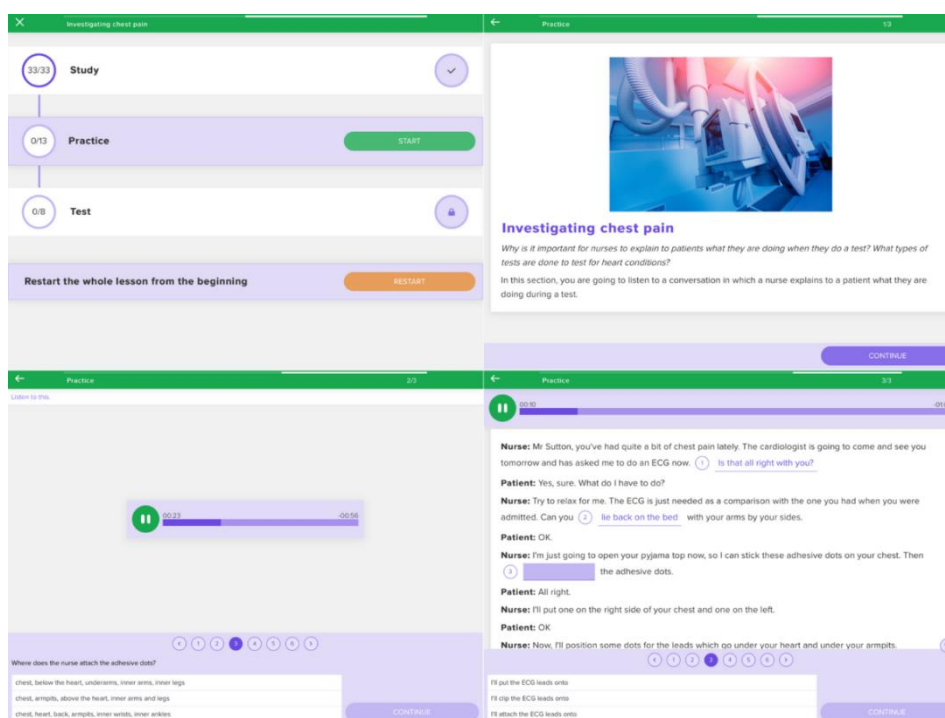
- Introduction for section.
- 2-step listening or reading practice – the first step focussed on understanding the key point or purpose, the second step on listening or reading for detail.

Section 3: Test (2 stages)

- Introduction for section
- Half the lessons have a roleplay of approximately 8 exchanges; half have a listening test of approximately 6 questions (see the lesson list at the end of this document).

End of lesson suggestions

- These are available from the final feedback screen and encourage the user to review, personalise and explore the language learnt



The screenshot displays the 'Investigating chest pain' lesson interface, divided into three main sections: Study, Practice, and Test.

- Study Section (0/33):** Shows a progress indicator and a 'START' button for the Practice section.
- Practice Section (0/13):** Features a video titled 'Investigating chest pain' with a subtitle: 'Why is it important for nurses to explain to patients what they are doing when they do a test? What types of tests are done to test for heart conditions? In this section, you are going to listen to a conversation in which a nurse explains to a patient what they are doing during a test.' Below the video is a 'CONTINUE' button.
- Test Section (0/8):** Shows a progress indicator and a 'RESTART' button for the whole lesson.

The bottom part of the screenshot shows a listening activity with a progress bar and a 'CONTINUE' button. The text of the listening activity is as follows:

Nurse: Mr Sutton, you've had quite a bit of chest pain lately. The cardiologist is going to come and see you tomorrow and has asked me to do an ECG now. Is that all right with you?

Patient: Yes, sure. What do I have to do?

Nurse: Try to relax for me. The ECG is just needed as a comparison with the one you had when you were admitted. Can you lie back on the bed with your arms by your sides.

Patient: OK.

Nurse: I'm just going to open your pyjama top now, so I can stick these adhesive dots on your chest. Then the adhesive dots.

Patient: All right.

Nurse: I'll put one on the right side of your chest and one on the left.

Patient: OK.

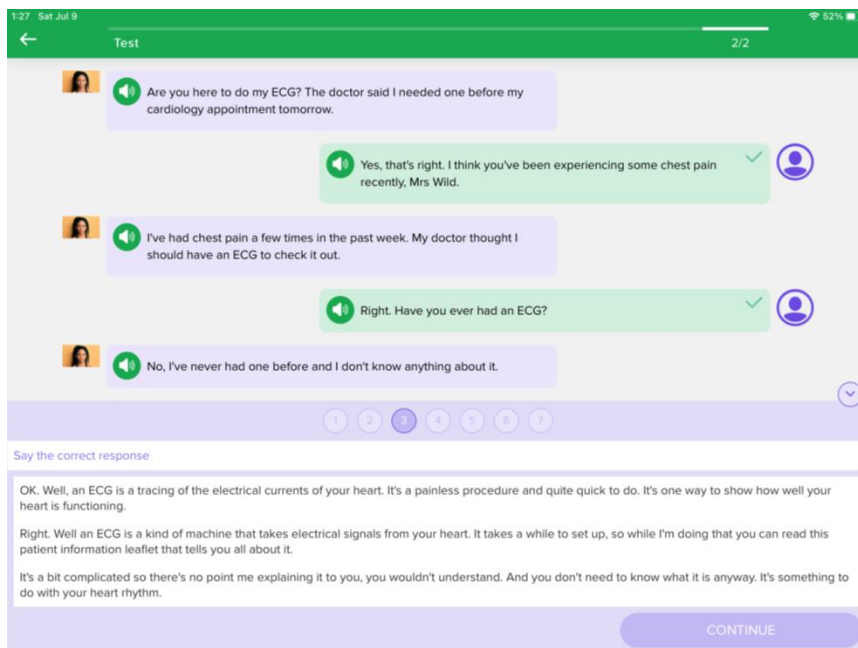
Nurse: Now, I'll position some dots for the leads which go under your heart and under your armpits.

Below the text are three input fields for the user to provide answers:

- Fill out the ECG leads onto
- Fill clip the ECG leads onto
- Fill attach the ECG leads onto

Improve My English for Nursing offers:

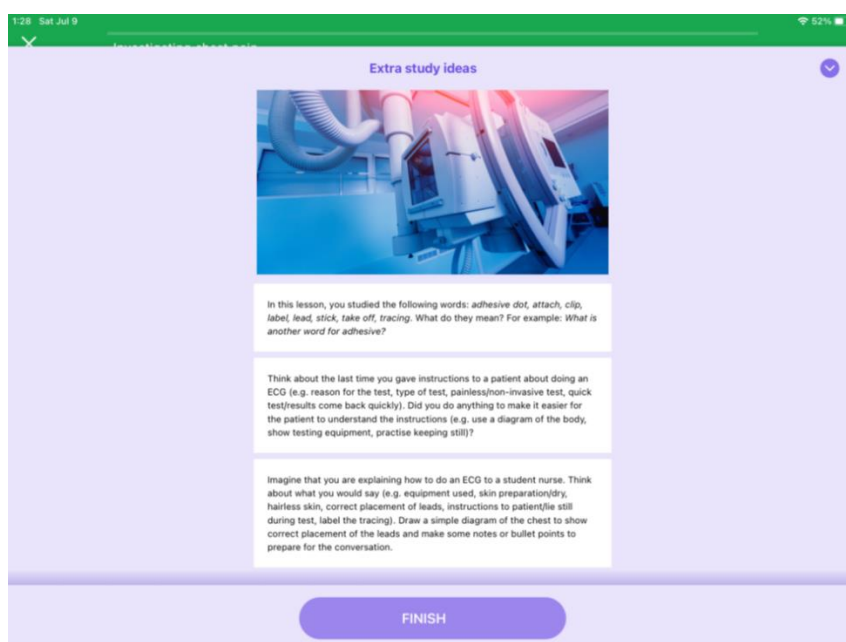
- Lessons based on a typical situation that nurses will encounter when interacting with patients or colleagues.
- Industry-specific words and phrases that have been checked and validated by nurse educators.
- Extensive use of listening material that features a range of accents.
- Record and playback activities for learners to practise communicating with appropriate responses in a variety of typical nursing situations.
- End of lesson suggestions to review, personalise and explore the language further.



The screenshot shows a mobile app interface with a green header bar containing a back arrow, the word "Test", and a progress indicator "2/2". The main area displays a simulated conversation with a patient:

- Patient: "Are you here to do my ECG? The doctor said I needed one before my cardiology appointment tomorrow."
- Nurse: "Yes, that's right. I think you've been experiencing some chest pain recently, Mrs Wild."
- Patient: "I've had chest pain a few times in the past week. My doctor thought I should have an ECG to check it out."
- Nurse: "Right. Have you ever had an ECG?"
- Patient: "No, I've never had one before and I don't know anything about it."

Below the conversation is a navigation bar with numbered buttons 1 through 7, where button 3 is highlighted. Underneath is a section titled "Say the correct response" with three paragraphs of text and a "CONTINUE" button at the bottom right.



The screenshot shows a mobile app interface with a green header bar containing a close icon, the text "Improve My English for Nursing", and a progress indicator "52%". The main area is titled "Extra study ideas" and features a blue-tinted image of medical equipment. Below the image are three paragraphs of text:

- "In this lesson, you studied the following words: adhesive dot, attach, clip, label lead, stick, take off, tracing. What do they mean? For example: What is another word for adhesive?"
- "Think about the last time you gave instructions to a patient about doing an ECG (e.g. reason for the test, type of test, painless/non-invasive test, quick test/results come back quickly). Did you do anything to make it easier for the patient to understand the instructions (e.g. use a diagram of the body, show testing equipment, practise keeping still)?"
- "Imagine that you are explaining how to do an ECG to a student nurse. Think about what you would say (e.g. equipment used, skin preparation/dry, hairless skin, correct placement of leads, instructions to patient/le still during test, label the tracing). Draw a simple diagram of the chest to show correct placement of the leads and make some notes or bullet points to prepare for the conversation."

A "FINISH" button is located at the bottom center of the screen.

Lessons:

Lesson	Topic	Lesson Name	Ends with	Level
1	Patient admission and discharge	Admitting a patient	Roleplay	B1
2	Injuries	Accidents and injuries	Roleplay	B1
3	Infection control	Infection control in hospitals	Listening	B1
4	Clinical investigations	Taking a blood sample	Roleplay	B1
5	Measuring vital signs	Taking blood pressure	Roleplay	B1
6	Pain management	Asking about pain	Roleplay	B1
7	Medications	Talking about side effects of drugs	Listening	B1
8	Disease and infections	Covid-19 disease	Listening	B1
9	Fluid therapy	Intravenous fluids	Listening	B1
10	Pressure area care	Pressure ulcers in patients	Listening	B1
11	Patient admission and discharge	Introducing yourself to a patient	Roleplay	B1
12	Injuries	Managing a fractured bone	Listening	B1
13	Infection control	Protecting health workers and patients	Listening	B1
14	Clinical investigations	Testing for a disease	Roleplay	B1
15	Measuring vital signs	Taking a temperature	Listening	B1
16	Pain management	Using a pain scale	Roleplay	B1
17	Medications	Self-medicating	Roleplay	B1
18	Disease and infections	Outbreaks epidemics and pandemics	Listening	B1
19	Fluid therapy	Checking IV fluids	Roleplay	B1
20	Pressure area care	Changing a patient's position	Listening	B1
21	Injuries	Talking about sprains and strains	Listening	B1
22	Infection control	Describing wound infections	Listening	B1
23	Clinical investigations	Investigating chest pain	Roleplay	B1
24	Measuring vital signs	Talking about a patient's respiration rate	Listening	B1
25	Pain management	Explaining the use of a PCA to a patient	Roleplay	B1
26	Medications	Administering eye medication	Roleplay	B1
27	Disease and infections	Explaining medication to a patient	Listening	B1
28	Fluid therapy	Preparing an intravenous injection	Roleplay	B1
29	Pressure area care	Pressure area care of wheelchair-bound patients	Listening	B1
30	Patient admission and discharge	Discharging a patient	Roleplay	B1

Please contact us for further details: improvemyenglish@m2rglobal.com